

EMILY DIANE SIMPSON

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EDUCATION

University of Central Florida

Bachelor of Science

Major: **Psychology**

Bachelor of Science

Major: **Biomedical Sciences**

Overall GPA: 3.95/4.0

UCF GPA: 4.0/4.0

Graduation: May 2017

**RELEVENT
COURSEWORK**

General Psychology

Clinical Psychology

Statistical Methods in

Psychology

Personality Psychology

Physiological Psychology

Biology II

Abnormal Psychology

Psychology of Aging

HONORS

National Honor Society

University of Missouri Dean's List

University of Missouri Honors College

The National Society of Collegiate Scholars

University of Central Florida President's Honor Roll

2011-2013

2013-2014

2013-2014

2014-

2014-

UCF Annual Art Healing Exhibition

"Art Out Loud: Emerging From the Shadow"

-I created a painting to raise awareness for mental health & illness, and touch those suffering from depression, which was accepted into the exhibit to be displayed in the UCF Counseling and Psychological Services Center.

Spring 2015

AWARDS

Mizzou Alumni Association Scholarship Recipient, \$1000, 2013

Lake Dallas Band Boosters Scholarship Recipient, \$1000, 2013

Lake Cities Education Foundation Scholarship Recipient, \$2,300, 2013

Mark Twain Non-Resident Scholarship Recipient, \$5,500/year, 2013

Donald S. Mozley Scholarship Recipient, \$2,000/year, 2013

ACTIVITIES

American Chemical Society

Active Minds

Best Buddies

Concert Band

Health Awareness & Prevention Society

Pre-Med American Medical Student Association

Psi Chi International Honor Society of Psychology

Student Philanthropy Council

Volunteer UCF

Fall 2014-

Fall 2014-

Fall 2014-

Spring 2015-

Spring 2015-

Fall 2014-

Fall 2014-

Fall 2014-Spring 2015

Fall 2014-

Kaplan Suture Clinic

Suicide Prevention Training and Certification

AMSA & UCF College of Medicine Mentor Program

-I am currently under the mentorship of a medical student: I am gaining observation,

Spring 2014

Spring 2014

Spring 2015

advice, & knowledge of the experiences one can expect in medical school.

COMMITTEES

National Society of Collegiate Scholars: (Fall 2014-)

PACE Committee: Outreach Love

Wesley Child Development Center

*Mentor Elementary Kids to Achieve Higher Grades and Positive Attitudes About School, and Encourage a College Education

*Meet With My Assigned Student Every Other Week; Tutor Her Individually

Community Service

*Plan, Coordinate, & Attend Volunteering Events as Well as Get Members Involved in the Community

Professional Development

*Attend Workshops About Professionalism

*Host Workshops About My Field of Interest

*Take Part in Philanthropy and Volunteerism

LEADERSHIP

Founder & Active NSCS Ambassador For Mental Health (Fall 2014-)

*Raise Awareness For Mental Health/Illness

-NAMI Annual Regional Walk

*Coordinate Service Events at Mental Health Facilities

-IMPOWER Mental Health Organization

TRAINING

Completion of CITI Program Research Training

*Good Clinical Practice; Biomedical Research Investigators; Social/Behavioral Research investigators; Social & Behavioral Responsible Conduct of Research

WORKSHOPS & PROGRAMS

University of Central Florida: American Chemical Society (11/10/14)

Dr. Kuebler's "Workshop on Career Paths"

-A Career in Academia Versus Research

-How to Network Properly

University of Central Florida: Graduate Student Workshops (11/13/14)

"Untangling the Web of Science"

-How to Research Properly & Navigate Through Databases to Find Information

University of Central Florida: American Chemical Society (11/17/14)

Dr. Goldman's "Graduate and Professional Schools Admissions 411"

-What Graduate Schools Look For

-The Right Steps to Take to Get into One's Desired Program

University of Central Florida: Career Services Workshops (11/19/14)

"Smart Answers to Tough Questions: Advanced Interviewing Skills"

-How to Prepare For and Well-Execute All Types of Interviews

-How to Answer Common and Difficult Questions

-How to Secure the Job & Handle the Follow-Up After the Interview

University of Central Florida: 4EK Alumni Association (11/19/14)

"Developing Your Personal Brand"

-Establishing the Right Brand/Image For Oneself and Producing Appropriate Business Cards

University of Central Florida: Pre-Med AMSA (11/20/14)

"The Anatomy of the Affordable Care Act"

-An Unbiased and In-Depth Information Session on the Important Health Care Topic

I am currently working as a research assistant in the Minds in Technology Laboratory. The research I am involved in centers around the field of human factors. My project at the moment includes working with a driving simulator to measure subjective mental effort, utilizing auditory stimuli. Eventually I will work with an EEG machine to better study mental components at a neurological level.

EXTENSIVE
SERVICE
EXPERIENCE

Spillnow.com: Columbia, MO (Spring 2014)

Peer Responder in Campus Support Network

- Gave Advice and Empathy to Students Struggling with Life Problems
- Helped Build a Campus Community of Understanding and Compassion

Alzheimer's Association: Columbia, MO (Spring 2014)

Volunteer to the Event Coordinator

- Office Assistant: Completion of Assembling Folders, Mailing Packets, and Fundraising Event Invitations

Multiple Sclerosis Institute: Columbia, MO (Spring 2014)

Volunteer to Service Coordinator

- Made Adjustments on Database Regarding Patients and Their Records
- Filed Important Documents

Lake Dallas Student Services: Lake Dallas, TX (2012-2013)

Dyslexia Coordinator's Assistant

- Compiled/Organized Files and Materials
- Ran Important Errands
- Assisted Dyslexic Students in Improving Reading Skills

COMMUNITY
ACTIVISM

Autism Speaks

-Fundraising: **With Psi Chi**

-Annual Regional Event: "Walk Now For Autism Speaks"

Alzheimer's Association: With Psi Chi

-Annual Regional Event: "Walk to End Alzheimer's"

College Buddy: Best Buddies UCF

-Socialize Often With a Peer Who Has an Intellectual/Developmental Disability, Which I've Been Paired With

-Promote Integration & Respect of Those With IDD's in the Community

-Reduce Discrimination, Stigma, & Mistreatment

Best Buddies Central Florida Fall Gala: "Bet on Friendships Casino Night"

-Headed Up Guest Registration & Check-in Duties at the Fundraising Event

-Monitored the Silent Auction, Resolved Any of Guests' Problems, & Worked out Technological Kinks of the Auction System

-Helped With Direct Appeal Donations

Clean the World: With American Chemical Society

-Cleaned and Recycled Soap Sent to Areas With High Death Rates From Poor Hygiene

Feeding Children Everywhere: With American Chemical Society

-Packaged Meals to be Sent Out to Children in Need All Over the World

STEM Day: With American Chemical Society

-Volunteered at the Annual Campus-Wide Event of Exploration in Science, Technology, Engineering & Math

*Prepared Decorations for Science Experiment Locations

*Set Up, Monitored Events & Directed Students Around Campus

Knights Give Back: With Volunteer UCF & American Chemical Society

-Volunteered For the Day at **Avian Rehabilitation Center**

*Completed Cleaning and Repairing Birds' Enclosures

*Landscaping Raptors' Habitat Site

Day and Knight of Service: With Volunteer UCF & American Chemical Society
ACS Member In Charge

-Coordinated the ACS Team's Involvement in Campus-Wide 24-Hour Community Service Extravaganza

-Volunteered For the 12-Hour Night Shift at the Following Events:

*Operation Gratitude: Assembled Care Packages For Veterans

*Dressed in Hope: Put Together Dolls for Children in Areas Needing Humanitarian Relief

*Paint From the Soul: Promoted the Importance of Arts & Expression By Painting in a Large Setting

Knight Thon: With Volunteer UCF & American Chemical Society

-Raised Proceeds to Benefit the Greater Orlando Area Children's Miracle Network Hospitals; Fundraising Directly Impacts Kids With Life Threatening Illnesses

Susan G. Komen Race For the Cure Central Florida: With Volunteer UCF

-Assisted in Directing Crowd to Survivor Ceremony

Food Share With Straight Street Orlando: With Volunteer UCF

-Fed and Interacted With the Homeless in Downtown Orlando

MLK Day of Service: With Volunteer UCF

-Helped Plant Trees, Recycle Items, and Clean Up Barker Park

Resolution to Reality: With Volunteer UCF

-Took Part in Ongoing Walking Initiative Advocating Community Health— By Getting Volunteers in Shape as Well

Valentine's Day Letter Writing: With Volunteer UCF

-Made Valentine's Day Cards For Residents in Orlando Nursing Homes

Adopt-A-Road: With AMSA

-Cleaned A Section of Road Near UCF to Keep Campus Beautiful

Veterans Game Night: With AMSA

-Visited With Veterans While Playing Games Together at the Veterans Hospital

Orange You Happy: With Active Minds

-Handed Out Oranges, in Exchange For Smiles, to the Public in Downtown Orlando

-Advocated For Suicide Prevention by Positively Engaging With People, Including the Homeless

Symbolic Bracelets For Psychological Disorders: With Active Minds

-Created Colorful Bracelets, Each Color Scheme Represents a Different Disorder, to be Distributed on Campus to Create Campus Wide Recognition and Support for Mental Illness/Health

The Jared Box Project: With NSCS

-Assembled and Delivered Boxes of Toys to Sick Children in the Hospital

National Philanthropy Week: With Student Philanthropy Council

*Advocated Philanthropy Toward UCF in the Following Ways:

- Gave out Free Items to Advertise Our Donations Booth
- Facilitated Students Writing Thank-You Cards to University Donors
- Encouraged and Collected Donations to Various UCF Departments
- Attended & Monitored Philanthropy Symposium of Special Guests—Open to Public

Central Missouri Food Bank: With Mizzou Center for Leadership & Service

-Prepared and Packaged Food Items for Distribution

Lake Dallas Elementary School: Lake Dallas, TX

-Helped Students Complete Lessons in the Classroom & Executed a Variety of Tasks Assigned by the Teacher

Lake Cities Spirit of Christmas: Lake Dallas, TX

-Wrapped Donated Gifts For Children in the Lake Cities Community

PROFESSIONAL
PROFILE

Florida Hospital: Orlando, FL (Spring 2015-)

Neurology Surgical Unit— Volunteer

*Each week I work a 4-hour shift in my chosen department of the hospital. My principle duties and job responsibilities include the following: answering call lights and catering to patients' needs, tending to administrative office work, and completing the hourly comfort rounds checklist. At the end of my yearlong commitment, I will have accumulated over 200 hours of service.

Emotional Mojo Talk Show & Total Life Counseling Center: Orlando, FL

Talk Show Studio & Counseling Center Intern (Spring 2015-)

*My responsibilities include the following: doing research and writing articles on a wide variety of mental health topics and issues of neurological concern; researching the talk show themes and providing the host with tips for the viewers to promote mental health; being present for the live tapings of the show; managing social media outlets. In addition, my boss and the host of the talk show, Jada Jackson, is currently working on her doctorate and I will be helping her with her dissertation.

ARTICLES &
AUTHORED PIECES

“Understanding Self-Esteem and the Brain”

[http://www.totallifecounseling.com/2015/02/orlando-counselor-understanding-self-
esteem-and-the-brain-4-steps-to-improve-your-self-esteem-jada-jackson-lmhc/](http://www.totallifecounseling.com/2015/02/orlando-counselor-understanding-self-
esteem-and-the-brain-4-steps-to-improve-your-self-esteem-jada-jackson-lmhc/)

“Achieving & Maintaining Happiness”

[http://www.totallifecounseling.com/2015/02/panama-happies-orlando-counselor-are-you-
happy-3-tips-to-boost-your-happiness-jada-jackson-lmhc/](http://www.totallifecounseling.com/2015/02/panama-happies-orlando-counselor-are-you-
happy-3-tips-to-boost-your-happiness-jada-jackson-lmhc/)

REFERENCES

Jada Jackson, M.S.

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Licensed Mental Health Counselor & Talk Show Host
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Roz Mullen

Outreach Love

Program Coordinator

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